

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Shop</p> <p>AM: Yogurt w/cereal/ Juice Diabetic: SF Same</p> <p>Lunch: Beef Stew with vegetables Diced Potatoes Oranges Milk/Water</p> <p>PM: Ham Salad Crackers/Water Diabetic: SF Same</p>	<p>3</p> <p>AM: Strawberries & Bananas /Juice Diabetic: Same</p> <p>Lunch: Fresh Vegetable Quiche Sausage Applesauce Milk /Water</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>4</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>Lunch: Vegetable Soup Roll Pears Milk /Water</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>5</p> <p>AM: PB Crackers /Juice Diabetic: Same</p> <p>Lunch: Baked Chicken mixed Vegetables Cantaloupe Milk /Water</p> <p>PM: Apple Pie Bites /Water Diabetic: Same</p>	<p>6</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>Lunch: Pizza Cherry Mixed Fruit Milk /Water</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>
<p>9</p> <p>AM: Pastry Crisp/Juice Diabetic: Same</p> <p>Lunch: Turkey Sandwich and Vegetable Soup Peaches Milk /Water</p> <p>PM: Fruit Cup/Water Diabetic: Same</p>	<p>10</p> <p>AM: Pastry crisp/Juice Diabetic: Same</p> <p>Lunch: Shepherd's Pie Fresh Vegetables Berries Milk /Water</p> <p>PM: Pudding cup /Water Diabetic: SF Same</p>	<p>11</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>Lunch: Tuna Noodle Casserole Oranges Milk /Water</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>12</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>Lunch: Chili, Rolls Pears Milk /Water</p> <p>PM: Egg Salad sandwich / Water Diabetic: Same</p>	<p>13</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: Same</p> <p>Lunch: ACC Pizza Day Oranges Milk/Water</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>
<p>16 Shop</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>Lunch: Grilled Cheese Tomato Soup Mixed Fruit Milk /Water Milk /Water</p> <p>PM: Ice Cream & Cupcake /Water Diabetic: Same</p>	<p>17</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>Lunch: Ham Salad Sandwich Carrots Mixed Fruit Milk /Water</p> <p>PM: Pumpkin Souffle /Water Diabetic: Same</p>	<p>18</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>Lunch: Chicken Noodle Soup ½ Peanut Butter and Jelly Sandwich Pears Milk/Water</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>19</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: Same</p> <p>Lunch: Baked Chicken mixed Vegetables Bananas Milk/Water</p> <p>PM: Cucumber and cream cheese sandwich /Water Diabetic: Same</p>	<p>20</p> <p>AM: Cheese Crackers/Juice Diabetic: Same</p> <p>Lunch: Lasagna Garlic Breadsticks Applesauce Milk /Water</p> <p>PM: Pudding/ Water Diabetic: SF Same</p>

<p>23</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>Lunch: Chicken Salad Sliders Tomato Salad Oranges Milk /Water</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>24</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>Lunch: ACC Pizza Day Berries Milk /Water</p> <p>PM: Egg Salad sandwich / Water Diabetic: Same</p>	<p>25</p> <p>AM: Bananas & Strawberries/Juice Diabetic: Same</p> <p>Lunch: Turkey, Gravy, Mashed Potato , Cranberry Sauce Vegetables Apple Pie Milk /Water</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>26</p> <p>CLOSED Happy Thanksgiving</p>	<p>27</p> <p>CLOSED Happy Thanksgiving</p>
<p>30 Shop</p> <p>AM: Fruit Cup/Juice Diabetic: Same</p> <p>Lunch: Hot Cakes, Eggs, Sausage Applesauce Milk /Water</p> <p>PM: Nutrigrain Bar/Water Diabetic: Same</p>				

Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Vitamin A source

Vitamin C source