Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
3	1	2	3	4
AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream Sundae /Water Diabetic: SF Same	AM: Peanut Butter Crackers /Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: SF Same PM: Nutri grain Bar /Water Diabetic: Belvita	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: PB&J Sushi/ Water Diabetic: SF Same	AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: Same
7	8 Shop	9	10	11
AM: Pastry crisp/Juice Diabetic: Same PM: Pudding cup /Water Diabetic: SF Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: PB Crackers /Juice Diabetic: Same PM: Applesauce /Water Diabetic: Same	 AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
14	15	16	17	18
AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Ice Cream & Cupcake /Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Pumpkin Souffle /Water Diabetic: Same	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Cucumber and cream cheese sandwich /Water Diabetic: Same	AM: Cheese Crackers/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
21	22 Shop	23	24	25
AM: Toast /Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	AM: Bananas & Strawberries/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	AM: Pastry Crisp/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same

28	29	30
AM: Fruit Cup/ <mark>Juice</mark>	AM: Pastry Crisp /Juice	AM: Oatmeal/Juice
Diabetic: Same	Diabetic: Same	Diabetic: Same
PM: Nutrigrain	PM: Ice Cream/	PM: Ice Cream/ Water
Bar/Water	Water	Diabetic: SF Same
Diabetic: Same	Diabetic: SF Same	

Vitamin A source

Vitamin C source