

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: PB Crackers /Juice Diabetic: Same PM: Apple Pie Bites /Water Diabetic: Same	2 AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
5 AM: Strawberries & Bananas /Juice Diabetic: Same PM: Fruit Cup/Water Diabetic: Same	6 Shop AM: Pastry crisp/Juice Diabetic: Same PM: Pudding cup /Water Diabetic: SF Same	7 AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	8 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	9 AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
12 AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Ice Cream & Cupcake /Water Diabetic: Same	13 AM: Oatmeal/Juice Diabetic: Same PM: Pumpkin Souffle /Water Diabetic: Same	14 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	15 AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Cucumber and cream cheese sandwich /Water Diabetic: Same	16 AM: Cheese Crackers/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
19 AM: Toast /Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	22 Shop AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	21 AM: Bananas & Strawberries/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	22 AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	23 AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same

<p>26</p> <p>AM: Fruit Cup/Juice Diabetic: Same</p> <p>PM: Nutrigrain Bar/Water Diabetic: Same</p>	<p>27</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>28</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Apple Pie Bites/Water Diabetic: SF Same</p>	<p>29</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>PM: PB&J Sushi/Water Diabetic: SF Same</p>	<p>30</p> <p>AM: Strawberries & Bananas /Juice Diabetic: Same</p> <p>PM: Fruit Cup/Water Diabetic: Same</p>
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Vitamin A source

Vitamin C source