

Adult Care Center of the NSV, Inc Snack Menu

AUGUST 2020

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>AM: Pastry Crisp/Juice Diabetic: Same</p> <p>PM: Ice Cream Sundae /Water Diabetic: SF Same</p>	<p>4</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Pimento sandwich / Water Diabetic: Same</p>	<p>5</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: SF Same</p> <p>PM: Nutri grain Bar /Water Diabetic: Belvita</p>	<p>6</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>PM: PB&J Sushi/ Water Diabetic: SF Same</p>	<p>7</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: Same</p>
<p>10</p> <p>AM: Pastry crisp/Juice Diabetic: Same</p> <p>PM: Pudding cup /Water Diabetic: SF Same</p>	<p>11</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Egg Salad sandwich / Water Diabetic: Same</p>	<p>12</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>13</p> <p>AM: PB Crackers /Juice Diabetic: Same</p> <p>PM: Applesauce /Water Diabetic: Same</p>	<p>14</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>
<p>17</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>PM: Ice Cream & Cupcake (national cupcake day) /Water Diabetic: Same</p>	<p>18</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Pumpkin Souffle /Water Diabetic: Same</p>	<p>19</p> <p>AM: Pastry Crisp /Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>	<p>20</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: Same</p> <p>PM: Cucumber and cream cheese sandwich /Water & Lemonade (national lemonade day) Diabetic: Same</p>	<p>21</p> <p>AM: Bananas & Strawberries/Juice Diabetic: Same</p> <p>PM: Pudding/ Water Diabetic: SF Same</p>
<p>24</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>25</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Egg Salad sandwich / Water Diabetic: Same</p>	<p>26</p> <p>AM: Cheese Crackers/Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>27</p> <p>AM: Yogurt w/cereal/ Juice Diabetic: SF Same</p> <p>PM: Ham Salad Crackers/Water Diabetic: SF Same</p>	<p>28</p> <p>AM: Pastry Crisp/Juice Diabetic: Same</p> <p>PM: Pudding/ Water Diabetic: SF Same</p>

31 AM: Fruit Cup/ Juice Diabetic: Same PM: Strawberries & Bananas /Water Diabetic: Same				
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Vitamin A source

Vitamin C source