Adult Care Center of the NSV, Inc Snack Menu



2020

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
AM: Cheese Crackers/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Berries/Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	AM: Toast / <mark>Juice</mark> Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same
10	11	12	13	14
AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream Sundae /Water Diabetic: SF Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	 AM: Toast /Juice Diabetic: Same PM: Apple Pie /Water Diabetic: SF Same 	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: PB&J Sushi/ Water Diabetic: SF Same	AM: Pancakes/Juice Diabetic: Same PM: Valentine Cookie/ Water & Lemonade Diabetic: SF Same
17	18	19	20	21
AM: Pastry crisp/ <mark>Juice</mark> Diabetic: Same PM: Pudding cup /Water Diabetic: SF Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: PB Crackers /Juice Diabetic: Same PM: Applesauce /Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream/cupcake /Water Diabetic: SF Same
24	25	26	27	28
AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same

Vitamin A source

Vitamin C source