

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	1 CLOSED HAPPY NEW YEAR! 	2 AM: Peanut Butter Crackers/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	3 AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same
6 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	7 AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Berries/Water Diabetic: SF Same	8 AM: Graham Crackers w/peanut butter / Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	9 AM: Toast / Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	10 AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same
13 AM: Pastry Crisp/ Juice Diabetic: Same PM: Ice Cream Sundae /Water Diabetic: SF Same	14 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	15 AM: Toast / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same	16 AM: Yogurt w/Cereal /Juice Diabetic: Same PM: PB&J Sushi/ Water Diabetic: SF Same	17 AM: Pancakes/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
20 AM: Pastry crisp/ Juice Diabetic: Same PM: Pudding cup /Water Diabetic: SF Same	21 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	22 AM: Oatmeal/Juice Diabetic: Same PM: Berries/ Water Diabetic: SF Same	23 AM: PB Crackers / Juice Diabetic: Same PM: Applesauce /Water Diabetic: Same	24 AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source

<p>27</p> <p>AM: Yogurt w/Cereal /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream /Water</p> <p>Diabetic: Same</p>	<p>28</p> <p>AM: Oatmeal/Juice</p> <p>Diabetic: Same</p> <p>PM: Nutri grain Bar /Water</p> <p>Diabetic: Same</p>	<p>29</p> <p>AM: Pastry Crisp /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/ Water</p> <p>Diabetic: SF Same</p>	<p>30</p> <p>AM: Graham Crackers w/peanut butter /Juice</p> <p>Diabetic: Same</p> <p>PM: Nutri grain Bar /Water</p> <p>Diabetic: Same</p>	<p>31</p> <p>AM: Pancakes/Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/ Water</p> <p>Diabetic: SF Same</p>
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Vitamin A source

Vitamin C source