

## Adult Care Center of the NSV, Inc Snack Menu



2019

\*An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>2</b></p> <p><b>AM:</b> Apples with yogurt dip /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Pimento sandwich / Water <b>Diabetic:</b> Same</p>	<p style="text-align: center;"><b>3</b></p> <p><b>AM:</b> Oatmeal/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Fruit Cup/ Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>4</b></p> <p><b>AM:</b> Pastry Crisp /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>5</b></p> <p><b>AM:</b> Peanut Butter Crackers/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Fruit Cup/ Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>6</b></p> <p><b>AM:</b> Pancakes/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> Same</p>
<p style="text-align: center;"><b>9</b></p> <p><b>AM:</b> Cheese Crackers/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>10</b></p> <p><b>AM:</b> Yogurt w/cereal/ Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Fruit Cup/Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>11</b></p> <p><b>AM:</b> Graham Crackers w/peanut butter /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Nutri grain Bar /Water <b>Diabetic:</b> Same</p>	<p style="text-align: center;"><b>12</b></p> <p><b>AM:</b> Toast /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Chicken Salad on Crackers/Water <b>Diabetic:</b> Same</p>	<p style="text-align: center;"><b>13</b></p> <p><b>AM:</b> Pancakes/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> Same</p>
<p style="text-align: center;"><b>16</b></p> <p><b>AM:</b> Pastry Crisp/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream Sundae /Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>17</b></p> <p><b>AM:</b> Apples with yogurt dip /Juice <b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Pimento sandwich / Water <b>Diabetic:</b> Same</p>	<p style="text-align: center;"><b>18</b></p> <p><b>AM:</b> Toast /Juice <b>Diabetic:</b> Belvita</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>19</b></p> <p><b>AM:</b> Yogurt w/Cereal /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> PB&amp;J Sushi/ Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>20</b></p> <p><b>AM:</b> Pancakes/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same</p>
<p style="text-align: center;"><b>23</b></p> <p><b>AM:</b> Pancakes/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same</p>	<p style="text-align: center;"><b>24</b></p> <p style="text-align: center;"><b>CLOSED</b> <b>MERRY CHRISTMAS!</b></p>	<p style="text-align: center;"><b>25</b></p> <p style="text-align: center;"><b>CLOSED</b> <b>MERRY CHRISTMAS!</b></p>	<p style="text-align: center;"><b>26</b></p> <p><b>AM:</b> Toast /Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Applesauce /Water <b>Diabetic:</b> Same</p>	<p style="text-align: center;"><b>27</b></p> <p><b>AM:</b> Pastry crisp/Juice <b>Diabetic:</b> Same</p> <p><b>PM:</b> Pudding cup /Water <b>Diabetic:</b> SF Same</p>

Vitamin A source

Vitamin C source

<b>30</b>  <b>AM:</b> Yogurt w/Cereal /Juice <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> Same	<b>31</b> SHOP  <b>AM:</b> Oatmeal/Juice <b>Diabetic:</b> Same  <b>PM:</b> Nutri grain Bar /Water <b>Diabetic:</b> Same			
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Vitamin A source

Vitamin C source