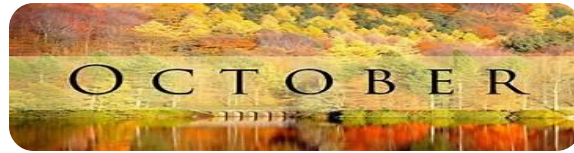


Adult Care Center of the NSV, Inc Snack Menu



2019

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>AM: Nutri grain bar/ Juice Diabetic: Same</p> <p>PM: Fruit Cup/ Water Diabetic: SF Same</p>	<p>2 SHOP</p> <p>AM: Apples with yogurt dip /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>	<p>3</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>PM: Pudding/ Water Diabetic: SF Same</p>	<p>4</p> <p>AM: Pancakes/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>
<p>7</p> <p>AM: Cheese Crackers/Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>8</p> <p>AM: Nutri grain bar/ Juice Diabetic: Same</p> <p>PM: Fruit Cup/Water Diabetic: SF Same</p>	<p>9</p> <p>AM: Graham Crackers w/peanut butter /Juice Diabetic: Same</p> <p>PM: Nutri grain Bar /Water Diabetic: Same</p>	<p>11</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>12</p> <p>AM: Pancakes/Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: Same</p>
<p>14</p> <p>AM: Pastry Crisp/Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>15</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Pimento sandwich / Water Diabetic: Same</p>	<p>16 SHOP</p> <p>AM: Toast /Juice Diabetic: Belvita</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>17</p> <p>AM: Yogurt w/Cereal /Juice Diabetic: Same</p> <p>PM: PB&J Sushi/ Water Diabetic: SF Same</p>	<p>18</p> <p>AM: Pancakes/Juice Diabetic: Same</p> <p>PM: Ice Cream/ Water Diabetic: SF Same</p>
<p>21</p> <p>AM: Pastry crisp/Juice Diabetic: Same</p> <p>PM: Pumpkin Cheesecake /Water Diabetic: SF Same</p>	<p>22</p> <p>AM: Oatmeal/Juice Diabetic: Same</p> <p>PM: Fruit Cup/ Water Diabetic: SF Same</p>	<p>23</p> <p>AM: PB Crackers/Juice Diabetic: Same</p> <p>PM: Boston Cream Pie Yogurt / Water Diabetic: SF Same</p>	<p>24</p> <p>AM: Toast /Juice Diabetic: Same</p> <p>PM: Applesauce /Water Diabetic: Same</p>	<p>25</p> <p>AM: Pancakes/Juice Diabetic: Same</p> <p>PM: Cupcake & Ice Cream /Water Diabetic: SF Same</p>

Vitamin A source

Vitamin C source

<p>28</p> <p>AM: Yogurt w/Cereal /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream w/chocolate syrup/ Water</p> <p>Diabetic: Same</p>	<p>29</p> <p>AM: Oatmeal/Juice</p> <p>Diabetic: Same</p> <p>PM: Nutri grain Bar /Water</p> <p>Diabetic: Same</p>	<p>30 SHOP</p> <p>AM: Apples with yogurt dip /Juice</p> <p>Diabetic: SF Same</p> <p>PM: Pimento sandwich / Water</p> <p>Diabetic: Same</p>	<p>31</p> <p>AM: Graham Crackers w/peanut butter/Juice</p> <p>Diabetic: Same</p> <p>PM: Apples with caramel dip/ Water</p> <p>Diabetic: SF Same</p>	
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Vitamin A source

Vitamin C source