

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
1 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same	2 AM: Toast/ Juice Diabetic: Same PM: Ham Roll Ups /Water Diabetic: Same	3 AM: Nutri grain bar/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	4 AM: Yogurt w/Cereal / Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same	5 AM: Cheese Crackers/ Juice Diabetic: SF Same PM: Ice Cream/Water Diabetic: SF Same
8 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	9 AM: Nutri grain bar/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	10 AM: Graham Crackers w/peanut butter / Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	11 SHOP AM: Toast / Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	12 AM: Pancakes/ Juice Diabetic: Same PM: Egg Salad Finger Sandwiches/Water Diabetic: Same
15 AM: Pastry Crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	16 AM: Oatmeal / Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	17 AM: Toast / Juice Diabetic: Belvita PM: Cucumber and Cream Cheese sandwiches/Water Diabetic: SF Same	18 AM: Yogurt w/Cereal / Juice Diabetic: Same PM: Pimento sandwich / Water Diabetic: SF Same	19 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
22 AM: Pastry crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	23 AM: Graham Crackers / Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: Same	24 AM: PB Crackers/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: Same	25 SHOP AM: Toast / Juice Diabetic: Same PM: Applesauce/Water Diabetic: Same	26 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source

<p>29</p> <p>AM: Yogurt w/Cereal /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/ Water</p> <p>Diabetic: Same</p>	<p>30</p> <p>AM: Nutri grain bar/ Juice</p> <p>Diabetic: Same</p> <p>PM: Fruit Cup/ Water</p> <p>Diabetic: SF Same</p>	<p>31</p> <p>AM: Pancakes/Juice</p> <p>Diabetic: Same</p> <p>PM: Egg Salad Finger Sandwiches/Water</p> <p>Diabetic: Same</p>		
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Vitamin A source

Vitamin C source