

Adult Care Center of the NSV, Inc Snack Menu



2019

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
5	6	7	8	9
AM: Cheese Crackers/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Nutri grain bar/ Juice Diabetic: Same PM: Fruit Cup/Root Beer Float/ Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	SHOP	AM: Toast /Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same
12	13	14	15	16
AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Oatmeal/Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	AM: Toast /Juice Diabetic: Belvita PM: Ice Cream /Water Diabetic: SF Same	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Pimento sandwich / Water Diabetic: SF Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
19	20	21	22	23
AM: Pastry crisp/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Graham Crackers /Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: Same	AM: PB Crackers/ Juice Diabetic: Same PM: Cucumber and Cream Cheese sandwiches / Water Diabetic: Same	SHOP	AM: Toast /Juice Diabetic: Same PM: Applesauce /Water Diabetic: Same
				AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source

<p>26</p> <p>AM: Yogurt w/Cereal /Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/ Water</p> <p>Diabetic: Same</p>	<p>27</p> <p>AM: Nutri grain bar/ Juice</p> <p>Diabetic: Same</p> <p>PM: Fruit Cup/ Water</p> <p>Diabetic: SF Same</p>	<p>28</p> <p>AM: Graham Crackers w/peanut butter /Juice</p> <p>Diabetic: Same</p> <p>PM: Nutri grain Bar /Water</p> <p>Diabetic: Same</p>	<p>29</p> <p>AM: Cheese Crackers/ Juice</p> <p>Diabetic: SF Same</p> <p>PM: Ice Cream/Water</p> <p>Diabetic: SF Same</p>	<p>30</p> <p>AM: Pancakes/Juice</p> <p>Diabetic: Same</p> <p>PM: Egg Salad Finger Sandwiches/Water</p> <p>Diabetic: Same</p>
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Vitamin A source

Vitamin C source