



*nutritious, fresh, creative cuisine*

## **Adult Care Center of the NSV, Inc – August 2019 Lunch Menu**

*Meals are catered by Fresco Kitchen, Chef Barbara Hine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.*

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

**8/1**

Pork BBQ sliders

Potato Salad

Bananas

Milk /Water

**8/2**

Egg Salad Sandwich

Beets

Applesauce

Milk /Water

**8/5**

Beans & Franks

Roll

Pears

Milk /Water

**8/6**

Chicken Salad Sliders

Candied Carrots

Oranges

Milk /Water

**8/7**

Tortellini alfredo with peas

Cherry Mixed Fruit

Milk /Water

**8/8**

Tuna Salad on wheat

Macaroni Salad

Oranges

Milk/Water

**8/9**

ACC Pizza Day

Berries

Water/ Milk

**8/12**

Brunch

Pears

Milk /Water

**8/13**

Grilled Cheese

Tomato Soup

Mixed Fruit

Milk /Water

**8/14**

Cheeseburger Sliders

Sweet Potato Fries

Peaches

Milk /Water

8/15

Chicken Noodle Soup

½ Peanut Butter and Jelly Sandwich

Bananas

Milk/Water

8/16

Ham Salad Sandwich

Cooked Carrots

Mixed Fruit

Milk /Water

8/19

Chili

Corn Bread

Peaches

Milk /Water

8/20

Chicken Salad Sliders

Macaroni Salad

Oranges

Milk /Water

8/21

Lasagna

Garlic Bread

Peaches

Milk /Water

8/22

Egg Salad Sliders

Beets

Berries

Milk /Water

8/23

ACC Pizza Day

Berries

Water/ Milk

8/26

Spaghetti

Garlic Bread

Oranges

Milk /Water

8/27

Turkey Sandwich on WW

Cooked Carrots

Pears

Milk/Water

8/28

ACC Pizza Day

Berries

Water/ Milk

8/29

Ham Sandwich

Potato Salad

Bananas

Milk/Water

8/30

Pasta salad with ham, peas, & carrots

Pears

Milk /Water

Vitamin A source

Vitamin C source