Adult Care Center of the NSV, Inc Snack Menu



2019

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 SHOP	3	4	5
AM: Sliced apples w/yogurt dip/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: PB Crackers/Juice Diabetic: Same PM: Ham & Cream Cheese Roll Up/Water Diabetic: Same	AM: Fresh Strawberries & Bananas/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same	AM: Pancakes/ Juice Diabetic: SF Same PM: Nutri grain Bar /Water Diabetic: Same
8	9	10	11	12
AM: Cheese Crackers/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Pancakes/Juice Diabetic: Same PM: Egg Salad Finger Sandwiches/Water Diabetic: Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Nutri grain Bar /Water	AM: Homemade bread /Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	AM: Nutri grain bar/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same
		Diabetic: Same	Diabetic. Same	Diabetic: SF Same
15	16 ѕнор	17	18	19
AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Oatmeal/Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	AM: Nutrigrain Bar /Juice Diabetic: Belvita PM: Cucumber and Cream Cheese sandwiches/Water Diabetic: SF Same	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Pimento sandwich / Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
22	23	24	25	26
AM: Pastry crisp/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Graham Crackers /Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: Same	AM: PB Crackers/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: Same	AM: Toast w/jam /Juice Diabetic: Same PM: Applesauce/Water Diabetic: Same	AM: Nutrigrain Bar/Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source

29	30 SHOP		
AM: Pastry Crisp/	AM: Cheese Crackers/		
Juice	<mark>Juice</mark>		
Diabetic: Same	Diabetic: SF Same		
PM: Ice Cream/Water	PM: PB&J Sushi /Water		
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Diabetic: SF Same	Diabetic: SF Same		

Vitamin A source

Vitamin C source