

## Adult Care Center of the NSV, Inc Snack Menu



\*An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.\*

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>  <b>AM:</b> Pancakes/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> SF Same  <b>PM:</b> Nutri grain Bar /Water <b>Diabetic:</b> Same
<b>4</b>  <b>AM:</b> Cheese Crackers/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same	<b>5</b> <span style="float: right;">SHOP</span>  <b>AM:</b> Pancakes/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> <span style="background-color: yellow;">Egg</span> Salad Finger Sandwiches/Water <b>Diabetic:</b> Same	<b>6</b>  <b>AM:</b> Fresh <span style="background-color: yellow;">Strawberries</span> & <span style="background-color: yellow;">Bananas</span> / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> Same	<b>7</b>  <b>AM:</b> Homemade bread / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> SF Same  <b>PM:</b> <span style="background-color: yellow;">Chicken</span> Salad on Crackers/Water <b>Diabetic:</b> Same	<b>8</b>  <b>AM:</b> Nutri grain bar/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Fruit Cup/ Water <b>Diabetic:</b> SF Same
<b>11</b>  <b>AM:</b> Pastry Crisp/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same	<b>12</b>  <b>AM:</b> <span style="background-color: yellow;">Oatmeal</span> / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Fruit Cup/ Water <b>Diabetic:</b> SF Same	<b>13</b>  <b>AM:</b> Nutrigrain Bar / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Belvita  <b>PM:</b> Cucumber and Cream Cheese sandwiches/Water <b>Diabetic:</b> SF Same	<b>14</b>  <b>AM:</b> <span style="background-color: yellow;">Yogurt w/Cereal</span> / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Pie (for national Pi Day) / Water <b>Diabetic:</b> SF Same	<b>15</b>  <b>AM:</b> Graham Crackers w/peanut butter / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> SF Same
<b>18</b>  <b>AM:</b> Pastry crisp/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/Water <b>Diabetic:</b> SF Same	<b>19</b> <span style="float: right;">SHOP</span>  <b>AM:</b> Graham Crackers / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> SF Same  <b>PM:</b> PB&J Sushi /Water <b>Diabetic:</b> Same	<b>20</b>  <b>AM:</b> PB Crackers/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Ice Cream/ Water <b>Diabetic:</b> Same	<b>21</b>  <b>AM:</b> Toast w/jam / <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> Same  <b>PM:</b> Applesauce/Water <b>Diabetic:</b> Same	<b>22</b>  <b>AM:</b> Nutrigrain Bar/ <span style="background-color: yellow;">Juice</span> <b>Diabetic:</b> SF Same  <b>PM:</b> Ice Cream /Water <b>Diabetic:</b> SF Same

Vitamin A source

Vitamin C source

<p><b>25</b></p> <p><b>AM:</b> Pastry Crisp/ Juice</p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>26</b></p> <p><b>AM:</b> Cheese Crackers/ Juice</p> <p><b>Diabetic:</b> SF Same</p> <p><b>PM:</b> PB&amp;J Sushi /Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>27</b></p> <p><b>AM:</b> Sliced apples w/yogurt dip/Juice</p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ice Cream/Water</p> <p><b>Diabetic:</b> SF Same</p>	<p><b>28</b></p> <p><b>AM:</b> PB Crackers/Juice</p> <p><b>Diabetic:</b> Same</p> <p><b>PM:</b> Ham &amp; Cream Cheese Roll Up/Water</p> <p><b>Diabetic:</b> Same</p>	<p><b>3/1</b></p> <p><b>AM:</b> Pancakes/ Juice</p> <p><b>Diabetic:</b> SF Same</p> <p><b>PM:</b> Nutri grain Bar /Water</p> <p><b>Diabetic:</b> Same</p>
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Vitamin A source

Vitamin C source