



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc – January 2019 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

1/1

CLOSED

Happy New Year!

1/2

Baked Ravioli (1 no garlic)

Mixed Fruit

Milk/Water

1/3

Turkey Sandwich on WW (1 no garlic)

Potato Salad

Bananas

Milk/Water

1/4

Brunch (1 no seeds)

Mixed Fruit

Milk/Water

1/7

Chicken Salad Sliders (1 no seeds)

Candied Carrots

Pears

Milk/Water

1/8

Chicken Noodle Soup (1 no garlic)

½ Peanut Butter and Jelly Sandwich

Cherry Mixed Fruit

Milk/Water

1/9

Cheeseburger Sliders (1 no garlic)

Sweet Potato Fries

Applesauce

Milk/Water

1/10

Pork BBQ Sliders (1 no garlic)

Cole Slaw

Peaches

Milk/Water

1/11

ACC Pizza Day

Berries

Milk/Water

1/14

Meatloaf (1 no seeds)

Mashed Potatoes

Mixed Veggies

Mixed Fruit

Water/Milk

1/15

Spaghetti (1 no garlic)
Garlic Bread
Cherry Mixed Fruit
Milk/Water

1/16

Chicken Salad Sliders (1 no garlic)
Macaroni Salad
Oranges
Milk/Water

1/17

Grilled Cheese (1 no garlic)
Tomato Soup
Bananas
Milk/Water

1/18

Beans & Franks (1 no seeds)
Roll
Pears
Milk/Water

1/21

Shepherd's Pie (1 no seeds)
Mixed Vegetables
Peaches
Milk/Water

1/22

Hot Ham and Cheese Sandwich (1 no garlic)
Cooked Carrots
Mixed Fruit
Milk/Water

1/23

Cheeseburger Sliders (1 no garlic)
Sweet Potato Fries
Applesauce
Milk/Water

1/24

Chili (1 no garlic)
Corn Bread
Peaches
Milk/Water

1/25

ACC Pizza Day
Berries
Milk/Water

1/28

Haluski (sautéed cabbage & noodles) (1 no garlic)
Mandarin Oranges
Milk/Water

1/29

Chicken & Dumplings (1 no seeds)
Peas
Pears
Milk/Water

1/30

Vegetable Soup
Rolls
Mixed Fruit
Milk/Water

1/31

Turkey Sandwich on WW (1 no garlic)
Potato Salad
Peaches
Milk/Water