

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Pastry Crisp /Juice Diabetic: Same PM: ½ Egg Salad Sandwich/Water Diabetic: SF Same	2 AM: Graham Crackers w/ honey and peanut butter /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same
5 CLOSED	6 AM: Pastry crisp/Juice Diabetic: Same PM: Graham Crackers /Water Diabetic: SF Same	7 AM: Oatmeal w/blueberries/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	8 AM: Cottage Cheese w/Peaches /Juice Diabetic: SF Same PM: ½ Pimento Sandwich/Water Diabetic: Same	9 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
12 AM: Cottage Cheese w/Mandarin Oranges /Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	13 AM: Oatmeal/Juice Diabetic: Same PM: Nutrigrain Bar /Water Diabetic: Same	14 AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	15 AM: Graham Crackers w/peanut butter & honey /Juice Diabetic: Same PM: ½ Cucumber and cream cheese sandwich /Water Diabetic: Same	16 AM: Cheese Crackers/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
19 AM: Toast /Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	20 AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: ½ Egg Salad sandwich / Water Diabetic: Same	21 AM: Oatmeal w/blueberries /Juice Diabetic: SF Same PM: Peanut Butter & Jelly Bites /Water Diabetic: SF Same	22 AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	23 AM: Pancakes /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>26</p> <p>AM: Graham Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream /Water Diabetic: SF Same</p>	<p>27</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Pastry Crisp</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>28</p> <p>AM: Peanut Butter Crackers /Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: Same</p>	<p>29</p> <p>AM: Nutri-grain Bar /Juice Diabetic: Belvita</p> <p>PM: Pimento Cheese Crackers /Water Diabetic: Same</p>	<p>30</p> <p>AM: Apples with yogurt dip /Juice Diabetic: SF Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>
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Vitamin A source

Vitamin C source