

Adult Care Center of the NSV, Inc Snack Menu



2021

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CLOSED HAPPY NEW YEAR!
4 AM: Nutri-grain Bar/ Juice Diabetic: Belvita PM: Peanut Butter Crackers /Water Diabetic: Same	5 AM: Pastry crisp/ Juice Diabetic: Same PM: Graham Crackers with Peanut butter /Water Diabetic: SF Same	6 AM: Oatmeal/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	7 AM: Special K Cereal Bar / Juice Diabetic: SF Same PM: Chicken Salad on Crackers / Water Diabetic: Same	8 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
11 AM: Cottage Cheese w/mandarin oranges / Juice Diabetic: Same PM: Ice Cream & Cupcake /Water Diabetic: Same	12 AM: Oatmeal/ Juice Diabetic: Same PM: Fruit Cup /Water Diabetic: Same	13 AM: Pastry Crisp / Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	14 AM: Graham Crackers w/peanut butter & honey / Juice Diabetic: Same PM: Cucumber and cream cheese sandwich /Water Diabetic: Same	15 AM: Cheese Crackers/ Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
18 AM: Toast / Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: Same	19 AM: Apples with yogurt dip / Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	20 AM: Bananas & Strawberries/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	21 AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	22 AM: Pancakes / Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

<p>25</p> <p>AM: Fruit Cup/Juice Diabetic: Same</p> <p>PM: Nutri-grain Bar/Water Diabetic: Same</p>	<p>26</p> <p>AM: Bananas & Strawberries/Juice Diabetic: Same</p> <p>PM: Ice Cream/Water Diabetic: SF Same</p>	<p>27</p> <p>AM: Toast /Juice Diabetic: SF Same</p> <p>PM: Chicken Salad on Crackers/Water Diabetic: Same</p>	<p>28</p> <p>AM: Cottage Cheese w/Peaches /Juice Diabetic: SF Same</p> <p>PM: Pimento Sandwich/Water Diabetic: Same</p>	<p>29</p> <p>AM: Oatmeal w/blueberries /Juice Diabetic: SF Same</p> <p>PM: Apple Pie Bites /Water Diabetic: Same</p>
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Vitamin A source

Vitamin C source