Adult Care Center of the NSV, Inc Snack Menu



2020

An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
AM: Cheese Crackers/Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Yogurt w/cereal/ Juice Diabetic: SF Same PM: Ham Salad Crackers/Water Diabetic: SF Same	AM: Fruit Cup/Juice Diabetic: Same PM: Strawberries & Bananas /Water Diabetic: Same	AM: Toast /Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same
9	10	11	12	13
AM: Pastry Crisp/Juice Diabetic: Same PM: Ice Cream Sundae /Water Diabetic: SF Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Pimento sandwich / Water Diabetic: Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: SF Same PM: Nutri grain Bar /Water Diabetic: Belvita	AM: Yogurt w/Cereal /Juice Diabetic: Same PM: PB&J Sushi/ Water Diabetic: SF Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
16	17	18	19	20
AM: Pastry crisp/Juice Diabetic: Same PM: Pudding cup /Water Diabetic: SF Same	AM: Apples with yogurt dip /Juice Diabetic: SF Same PM: Egg Salad sandwich / Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: PB Crackers /Juice Diabetic: Same PM: Applesauce /Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same
23	24	25	26	27
AM: Yogurt w/Cereal /Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same	AM: Oatmeal/Juice Diabetic: Same PM: Pumpkin Souffle /Water Diabetic: Same	AM: Pastry Crisp /Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter /Juice Diabetic: Same PM: Cucumber and cream cheese sandwich /Water Diabetic: Same	AM: Pancakes/Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same

30	31		
AM: Toast /Juice	AM: Apples with yogurt		
Diabetic: SF Same	dip /Juice		
	Diabetic: SF Same		
PM: Chicken Salad on			
Crackers/Water	PM: Egg Salad sandwich		
Diabetic: Same	/ Water		
	Diabetic: Same		

Vitamin A source

Vitamin C source