



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc – April 2019 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

4/1

Chicken Chili

Roll

Mixed Fruit

Milk /Water

4/2

Baked Ravioli

Applesauce

Milk /Water

4/3

Baked Breaded Fish Mac & Cheese

Green Beans

Bananas

Milk /Water

4/4

Brunch

Pears

Milk /Water

4/5

Chicken Salad Sliders

Candied Carrots

Peaches

Milk /Water

4/8

Tuna Salad on wheat

Macaroni Salad

Oranges

Milk/Water

4/9

Cheeseburger Sliders

Sweet Potato Fries

Peaches

Milk /Water

4/10

Meatloaf

Mashed Potatoes

Mixed Veggies

Pears

Water/ Milk

4/11

Spaghetti Garlic Bread

Cherry Mixed Fruit

Milk /Water

4/12

ACC Pizza Day

Berries

Milk /Water

4/15

Chicken Noodle Soup

½ Peanut Butter and Jelly Sandwich

Cherry Mixed Fruit

Milk/Water

4/16

Beans & Franks

Roll

Bananas

Milk /Water

4/17

Grilled Cheese

Tomato Soup

Applesauce

Milk /Water

4/18

Chicken Salad Sliders

Macaroni Salad

Oranges

Milk /Water

4/19

Shepherd's Pie

Mixed Vegetables

Peaches

Milk /Water

4/22

Egg Salad Sliders

Beets

Mandarin Oranges

Milk /Water

4/23

Chicken Divan Casserole

Pears

Milk /Water

4/24

Chili

Corn Bread

Peaches

Milk /Water

4/25

Chicken & Dumplings

Peas

Pears

Milk /Water

4/26

ACC Pizza Day

Cherry Mixed Fruit

Milk /Water

4/29

Ham Salad Sandwich

Cooked Carrots

Berries

Milk /Water

4/30

Pork BBQ Sliders

Cole Slaw

Oranges

Milk /Water

Vitamin A source

Vitamin C source