

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
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				AM: Pancakes/ Juice Diabetic: SF Same PM: Nutri grain Bar /Water Diabetic: Same
4	5 SHOP	6	7	8
AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Oatmeal / Juice Diabetic: Same PM: Pimento Finger Sandwich/Water Diabetic: Same	AM: Fresh Strawberries & Bananas / Juice Diabetic: Same PM: Ice Cream/Water Diabetic: Same	AM: Homemade bread / Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	AM: Pancakes/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same
11	12	13	14	15
AM: Pastry Crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Oatmeal / Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	AM: Fig Bar / Juice Diabetic: Belvita PM: Cucumber and Cream Cheese sandwiches/Water Diabetic: SF Same	AM: Yogurt w/Cereal / Juice Diabetic: Same PM: Ice Cream w/ cherries/Water Diabetic: SF Same	AM: Graham Crackers w/peanut butter / Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same
18	19 SHOP	20	21	22
AM: Pastry crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	AM: Graham Crackers / Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: Same	AM: PB Crackers/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: Same	AM: Toast w/jam / Juice Diabetic: Same PM: Applesauce/Water Diabetic: Same	AM: Fig Bar/ Juice Diabetic: SF Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source

<p>25</p> <p>AM: Pastry Crisp/ Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/Water</p> <p>Diabetic: SF Same</p>	<p>26</p> <p>AM: Cheese Crackers/ Juice</p> <p>Diabetic: SF Same</p> <p>PM: PB&J Sushi /Water</p> <p>Diabetic: SF Same</p>	<p>27</p> <p>AM: Sliced apples w/yogurt dip/Juice</p> <p>Diabetic: Same</p> <p>PM: Ice Cream/Water</p> <p>Diabetic: SF Same</p>	<p>28</p> <p>AM: PB Crackers/Juice</p> <p>Diabetic: Same</p> <p>PM: Ham & Cheese Roll Up/Water</p> <p>Diabetic: Same</p>	<p>3/1</p> <p>AM: Pancakes/Juice</p> <p>Diabetic: SF Same</p> <p>PM: Nutri grain Bar /Water</p> <p>Diabetic: Same</p>
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Vitamin A source

Vitamin C source