



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc – December 2018 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

12/3

**Beef Stew over Egg Noodles (1 no seeds)
Peaches
Milk/Water**

12/4

**Baked Ravioli (1 no garlic)
Mixed Fruit
Milk/Water**

12/5

**Turkey Sandwich on WW (1 no garlic)
Potato Salad
Bananas
Milk/Water**

12/6

**Brunch (1 no garlic)
Mixed Fruit
Milk/Water**

12/7

**Chicken Salad Sliders (1 no seeds)
Candied Carrots
Pears
Milk/Water**

12/10

**Chicken Noodle Soup (1 no seeds)
½ Peanut Butter and Jelly Sandwich
Cherry Mixed Fruit
Milk/Water**

12/11

**Cheeseburger Sliders (1 no garlic)
Sweet Potato Fries
Applesauce
Milk/Water**

12/12

**Pork BBQ Sliders (1 no garlic)
Cole Slaw
Peaches
Milk/Water**

12/13

**Meatloaf (1 no garlic)
Mashed Potatoes
Mixed Veggies
Mixed Fruit
Water/Milk**

12/14

**ACC Pizza Day
Berries
Milk/Water**

12/17

Spaghetti (1 no seeds)
Garlic Bread
Cherry Mixed Fruit
Milk/Water

12/18

Chicken Salad Sliders (1 no garlic)
Macaroni Salad
Oranges
Milk/Water

12/19

Grilled Cheese (1 no garlic)
Tomato Soup
Bananas
Milk/Water

12/20

Beans & Franks (1 no garlic)
Roll
Pears
Milk/Water

12/21

Shepherd's Pie (1 no seeds)
Mixed Vegetables
Peaches
Milk/Water

12/24

CLOSED

12/25

CLOSED

12/26

Chili (1 no garlic)
Corn Bread
Peaches
Milk/Water

12/27

Haluski (sautéed cabbage & noodles) (1 no garlic)
Mandarin Oranges
Milk/Water

12/28

ACC Pizza Day
Berries
Milk/Water

12/31

Chicken & Dumplings (1 no seeds)
Peas
Pears
Milk/Water