



*nutritious, fresh, creative cuisine*

## **Adult Care Center of the NSV, Inc – September 2018 Lunch Menu**

*Meals are catered by Fresco Kitchen, Chef Barbara Hine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.*

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

**9/3**

**CLOSED**

**LABOR DAY**

**9/4**

**Baked Ravioli (1 no garlic)**

**Pears**

**Milk/Water**

**9/5**

**Turkey Sandwich on WW (1 no garlic)**

**Potato Salad**

**Bananas**

**Milk/Water**

**9/6**

**Brunch (1 no garlic)**

**Mixed Fruit**

**Milk/Water**

**9/7**

**Chicken Salad Sliders (1 no seeds)**

**Candied Carrots**

**Oranges**

**Milk/Water**

**9/10**

**Egg Salad Sandwich (1 no seeds)**

**Cooked Broccoli**

**Cherry Mixed Fruit**

**Milk/Water**

**9/11**

**Cheeseburger Sliders (1 no garlic)**

**Sweet Potato Fries**

**Pears**

**Milk/Water**

**9/12**

**Pork BBQ Sliders (1 no garlic)**

**Cole Slaw**

**Oranges**

**Milk/Water**

**9/13**

**Meatloaf (1 no garlic)**

**Mashed Potatoes**

**Mixed Veggies**

**Mixed Fruit**

**Water/Milk**

**9/14**

**ACC Pizza Day**

**Berries**

**Milk/Water**

**9/17**

Spaghetti (1 no seeds)  
Garlic Bread  
Cherry Mixed Fruit  
Milk/Water

**9/18**

Chicken Salad Sliders (1 no garlic)  
Macaroni Salad  
Oranges  
Milk/Water

**9/19**

Grilled Cheese (1 no garlic)  
Tomato Soup  
Bananas  
Milk/Water

**9/20**

Beans & Franks (1 no garlic)  
Roll  
Pears  
Milk/Water

**9/21**

Tuna Sandwich (1 no seeds)  
Pasta Salad  
Pineapple  
Milk/Water

**9/24**

Ham Salad Sliders (1 no seeds)  
Macaroni Salad  
Applesauce  
Milk/ Water

**9/25**

Baked Fish (1 no garlic)  
Mac & Cheese  
Green Beans  
Pineapple  
Milk/Water

**9/26**

Tuna pasta salad (1 no garlic)  
Berries  
Milk/Water

**9/27**

Haluski (sautéed cabbage & noodles) (1 no garlic)  
Mandarin Oranges  
Milk/Water

**9/28**

ACC Pizza Day  
Pears  
Milk/Water/Punch