



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc – August 2018 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

8/1

Ham salad sliders
Beets
Peaches
Milk/Water

8/2

Baked Ravioli
Pears
Milk/Water

8/3

Turkey Sandwich on WW
Potato Salad
Mixed Fruit
Milk/Water

8/6

Chicken Salad Sliders
Candied Carrots
Oranges
Milk/Water

8/7

Brunch
Mixed Fruit
Milk/Water

8/8

Egg Salad Sandwich
Beets
Bananas
Milk/Water

8/9

Cheeseburger Sliders
Sweet Potato Fries
Pears
Milk/Water

8/10

ACC Pizza Day
Berries
Milk/Water

8/13

Ham Sandwich
Candied Carrots
Oranges
Water/Milk

8/14

Pork BBQ Sliders
Cole Slaw
Mixed Fruit
Milk/Water

8/15

Spaghetti
Garlic Bread
Cherry Mixed Fruit
Milk/Water

8/16

Chicken Salad Sliders
Macaroni Salad
Oranges
Milk/Water

8/17

Grilled Cheese
Tomato Soup
Pineapple
Milk/Water

8/20

Beans & Franks
Roll
Pears
Milk/Water

8/21

Tuna Sandwich
Pasta Salad
Bananas
Milk/Water

8/22

Center Carnival Day!

Hot Dogs (Center providing)
Macaroni Salad & Potato Salad (Barbara)
Chips (Barbara)
Applesauce
Milk/ Water

8/23

Egg Salad sliders
Beets
Pineapple
Milk/Water

8/24

ACC Pizza Day
Berries
Milk/Water/Punch

8/27

Haluski (sautéed cabbage & noodles)
Mandarin Oranges
Milk/Water

8/28

Tuna pasta salad
Berries
Milk/Water

8/29

Franks & Beans
Roll
Cantaloupe
Water

8/30

Turkey Sandwich on WW
Candied Carrots
Peaches
Milk/Water

8/31

Ham & Vegetable Quiche
Watermelon
Milk/Water