

Adult Care Center of the NSV, Inc Snack Menu



An alternative snack is available upon request. Otherwise, families are welcome to bring something from home and staff will serve for the day's snack.

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM: Cheese Crackers/ Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: SF Same	4 AM: Homemade Bread/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	5 AM: Fresh Strawberries & Bananas/ Juice Diabetic: Same PM: Ham Roll Ups /Water Diabetic: Same	6 AM: Yogurt w/Cereal / Juice Diabetic: Same PM: Pudding/ Water Diabetic: SF Same	7 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: Same
10 AM: Cheese Crackers/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	11 SHOP AM: Nutri grain bar/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	12 AM: Graham Crackers w/peanut butter / Juice Diabetic: Same PM: Nutri grain Bar /Water Diabetic: Same	13 AM: Homemade bread / Juice Diabetic: SF Same PM: Chicken Salad on Crackers/Water Diabetic: Same	14 AM: Pancakes/ Juice Diabetic: Same PM: Egg Salad Finger Sandwiches/Water Diabetic: Same
17 AM: Pastry Crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	18 AM: Oatmeal/ Juice Diabetic: Same PM: Fruit Cup/ Water Diabetic: SF Same	19 AM: Homemade Bread / Juice Diabetic: Belvita PM: Cucumber and Cream Cheese sandwiches/Water Diabetic: SF Same	20 AM: Yogurt w/Cereal / Juice Diabetic: Same PM: Pimento sandwich / Water Diabetic: SF Same	21 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: SF Same
24 AM: Pastry crisp/ Juice Diabetic: Same PM: Ice Cream/Water Diabetic: SF Same	25 SHOP AM: Graham Crackers / Juice Diabetic: SF Same PM: PB&J Sushi /Water Diabetic: Same	26 AM: PB Crackers/ Juice Diabetic: Same PM: Ice Cream/ Water Diabetic: Same	27 AM: Toast w/jam / Juice Diabetic: Same PM: Applesauce/Water Diabetic: Same	28 AM: Pancakes/ Juice Diabetic: Same PM: Ice Cream /Water Diabetic: SF Same

Vitamin A source

Vitamin C source