



*nutritious, fresh, creative cuisine*

## **Adult Care Center of the NSV, Inc - March 2018 Lunch Menu**

*Meals are catered by Fresco Kitchen, Chef Barbara HineLine. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.*

*Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.*

**3/1**

Turkey Sandwich on WW  
Beets  
Peaches  
Milk/Water

**3/2**

Baked Ravioli  
Oranges  
Milk/Water

**3/5**

Baked Breaded Fish  
Macaroni & Cheese  
Green Beans  
Mixed Fruit  
Milk/Water

**3/6**

Beef Stew  
Rolls  
Pineapple  
Milk/Water

**3/7**

Brunch  
Bananas  
Milk/Water

**3/8**

Chicken & Dumplings  
Peas  
Berries  
Milk/ Water/ Juice

**3/9**

ACC Pizza Day  
Pears  
Milk/ Water/ Juice

**3/12**

Cheeseburger Sliders  
Sweet Potato Fries  
Mixed Fruit  
Milk/Water

**3/13**

Franks & Beans  
Applesauce  
Water

**3/14**

Turkey Sandwich on WW  
Candied Carrots  
Peaches  
Milk/Water

3/15

Chicken Divan Casserole  
Cherry Mixed Fruit  
Milk/Water

3/16

Shepherd's Pie  
Pineapple  
Milk/Water

3/19

Grilled Cheese  
Tomato Soup  
Oranges  
Milk/Water

3/20

Chicken Alfredo  
Spinach  
Pears  
Milk/Water

3/21

Beef Stew  
Rolls  
Bananas  
Milk/Water

3/22

Spaghetti  
Garlic Bread  
Pears  
Milk/Water

3/23

ACC Pizza Day  
Pears  
Milk/ Water/ Juice

3/26

Pork BBQ  
Cole Slaw  
Mixed Fruit  
Milk/Water/ Lemonade

3/27

ACC Pizza Day  
Pears  
Milk/Water/Juice

3/28

Vegetable Soup  
Rolls  
Berries  
Milk/Water

3/29

Turkey Sandwich on WW  
Candied Carrots  
Peaches  
Milk/Water

3/30

Cheeseburger Sliders  
Sweet Potato Fries  
Pineapple  
Milk/Water