



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc - January 2018 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

1/1

CLOSED

1/2

Baked Ravioli

Oranges

Milk/Water

1/3

Baked Breaded Fish

Macaroni & Cheese

Zucchini Rounds

Pears

Milk/Water

1/4

Beef Stew

Rolls

Pineapple

Milk/Water

1/5

Brunch

Mixed Fruit

Milk/Water

1/8

Chicken & Dumplings

Peas

Berries

Milk/ Water/ Juice

1/9

Turkey Sandwich on WW

Beets

Peaches

Milk/Water

1/10

Cheeseburger Sliders

Sweet Potato Fries

Mixed Fruit

Milk/Water

1/11

Franks & Beans

Applesauce

Water

1/12

ACC Pizza Day

Pears

Milk/ Water/ Juice

1/15

Chicken Noodle Soup
Rolls
Mixed Fruit
Milk/Water

1/16

Shepherd's Pie

Berries
Milk/Water

1/17

Chili
Corn Bread
Pineapple
Milk/Water

1/18

Grilled Cheese
Tomato Soup
Oranges
Milk/Water

1/19

Chicken Alfredo
Spinach
Pears
Milk/Water

1/22

Beef Stew
Rolls
Pineapple
Milk/Water

1/23

Spaghetti
Garlic Bread
Pears
Milk/Water

1/24

Turkey on WW
Candied Carrots
Peaches
Milk/Water

1/25

Pork BBQ
Cole Slaw
Mixed Fruit
Milk/Water/ Lemonade

1/26

ACC Pizza Day
Pears
Milk/Water/Juice

1/29

Chicken Divan Casserole
Cherry Mixed Fruit
Milk/Water

1/30

Brunch
Oranges
Milk/Water

1/31

Chicken Noodle Soup
½ PB&J on WW
Peaches
Milk/Water