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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | **1**  **AM:** Bread with jam/ OJ  **Diabetic:** SF Same  **PM:** Yogurt/AJ  **Diabetic:** Same | **2**  **AM:** Fig Bar/OJ  **Diabetic:** Belvita/OJ  **PM:** Ice-cream/Water  **Diabetic:** SF Same | **3**  **AM:** Pastry Crisp/Water  **Diabetic:** Same  **PM:** Applesauce/OJ  **Diabetic:** Same |
| 6  AM: Cheese crackers/Juice  Diabetic: SF Same  PM: Yogurt/Water  Diabetic: SF Same | **7**  **AM:** Graham Crackers/OJ  **Diabetic:**  Same  **PM:** Ice Cream/Water  **Diabetic:**  Same | **8**  **AM:** Grain Bar/OJ  **Diabetic:** Belvita/Juice  **PM:** Pudding/Water  **Diabetic:**  Same | **9**  **AM:** Pastry Crisp/Juice  **Diabetic:** Belvita/Juice  **PM:** Applesauce/Water  **Diabetic:**  SF Same | **10**  **AM:** Oatmeal/Juice  **Diabetic:** SF Same  **PM:** Ice Cream/  Water  **Diabetic:**  SF Same |
| 13  AM: Grain Bar/AJ  Diabetic: Belvita/Water  PM: Ice Cream/Water  Diabetic: SF Same | **14**  **AM:** PB Crackers/Water  **Diabetic:**  Same  **PM:** Pudding/Juice  **Diabetic:** Same | **15**  **AM:**  Graham Crackers/ Water  **Diabetic:** Same  **PM:** Ice Cream/Juice  **Diabetic:** SFSame | **16**  **AM:** Homemade bread/ Water/ Juice  **Diabetic:** SF Same  **PM:** Yogurt/Water  **Diabetic:**  Same | **17**  **AM:** Cheese Crackers/Juice  **Diabetic:**  Same  **PM:** Ice Cream/Water  **Diabetic:** SF Same |
| 20  AM: Oatmeal/OJ  Diabetic: Same  PM: Ice Cream/Water  Diabetic: SF Same | **21**  **AM:** Fig Bar/Juice  **Diabetic:** Belvita/Water  **PM:** Yogurt/Water  **Diabetic:** Same | **22**  **AM:** Homemade Bread/OJ  **Diabetic:** Same  **PM:** Ice Cream/ Water  **Diabetic:** Same | **23**  **AM:** Donuts/Juice  **Diabetic:**  Same  **PM:** Applesauce/Water  **Diabetic:** SF Same | **24**  **AM:** Fruit Danish /Juice  **Diabetic:**  Same  **PM:** Ice Cream/Water  **Diabetic:** SF Same |
| 27  AM: Pastry Crisp/ Water/ Juice  Diabetic: Same  PM: Ice Cream/Water  Diabetic: SF Same | **28**  **AM:** Oatmeal/OJ  **Diabetic**: Same  **PM**: Yogurt /Water  **Diabetic**: SF Same |  |  | **Vitamin C** |