



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc August 2017 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

8/1

Cheeseburger Sliders
Sweet Potato Fries
Peaches
Milk/Water

8/2

Baked Breaded Fish
Mac & Cheese
Green Beans
Berries
Milk/Water

8/3

Beef Stew
Rolls
Pears
Milk/Water

8/4

Brunch
Melon
Milk/Water

8/7

Chicken Parm
Pasta
Mixed Fruit
Milk/Water

8/8

Turkey Sandwich on Whole Wheat
Beets
Pineapple
Milk/Water

8/9

Chicken Tetrazzini
Mandarin Oranges
Milk/Water

8/10

Meatloaf
Mashed Potatoes
Green Beans
Bananas
Milk/Water

8/11

ACC Pizza Day
Peaches
Water

8/14

Franks & Beans
Applesauce
Milk/ Water

8/15

Chicken Salad on Croissant

Beets

Mixed Fruit

Milk/Water

8/16

Shepherd's Pie

Berries

Milk/Water

8/17

Chili

Corn Bread

Oranges

Milk/Water

8/18

Lasagna

Garlic Bread

Mixed Fruit

Milk/Water

8/21

Chicken Alfredo with Spinach

Applesauce

Milk/Water

8/22

Spaghetti

Meatsauce

Garlic Bread

Peaches

Milk/Water

8/23

Spaghetti w/ Meatsauce

Garlic Bread

Bananas

Milk/Water

8/24

Chicken & Dumplings with Peas

Mixed Fruit

Milk/Water

8/25

ACC Pizza Day

Applesauce

Milk/Water

8/28

Pork BBQ

Cole Slaw

Melons

Milk/Water/ Lemonade

8/29

Egg Salad Sliders

Marinated Tomato Salad

Peaches

Milk/Water

8/30

Baked Lemon Dill Cod

Zucchini Rounds

Berries

Milk/Water

8/31

Salisbury Steak

Mixed Veggies

Egg Noodles

Mixed Fruit

Milk/Water